



345 University Avenue, Westwood, MA 02090

Phone: (781) 493 - 6345

Email: info@nesacademy.com

Class Schedule: *Sullivan Speed and Strength - Summer 2010*

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Price/Month
Athlete Development	8:00AM	8:00AM	8:00AM	8:00AM	8:00AM			\$80/1x week
	4:00PM		4:00PM	4:00PM				\$125/2x week
(2 hours)	6:00PM	4:00PM	6:00PM	6:00PM				\$175/unlimited